



Nutritional Information

	Serving Size	Total Calories (kcal)	Total Fat** (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Fiber (g)	Protein (g)
Appetizers									
Papa Wingz	1 pound *	490	37	10	194	694	0	0	41
Breaded Chicken Nuggets	5 - 6 Nuggets ***	200	6	0	40	776	18	0	18
Breaded Chicken Tenders	4 Tenders ***	150	5	0	30	582	14	0	14
Bosco Sticks	5 pieces	1253	50	25	88	2307	130	5	65
Steak Fries	1 pound *	754	21	2	0	3488	126	11	11
Papa's Steak Fries	1/2 pound *	377	11	1	0	1744	63	6	6
Papas Cheezy Bread	16 pieces	1835	50	25	103	3072	254	9	94
Bambino Bread	10 pieces	1126	22	6	13	1883	190	7	42
Pasta, Rotini, Cooked	1/2 cup	80	0	0	0	0	16	0	3

*Pre-Cooked Weight **No Trans Fat ***Approximately

Entrees									
Chicken Fingers Dinner	Dinner	500	15	0	100	1940	45	0	45
Lasagna	Feeds 10	2552	77	39	408	3923	286	21	159
Lasagna	Feeds 20	5105	155	78	816	7846	573	41	317
Lasagna	Dinner	888	25	9	118	1786	112	10	48
Mostaccioli	Feeds 10	4164	154	27	576	9307	548	47	151
Mostaccioli	Feeds 20	6866	261	53	965	15311	876	74	260
Mostaccioli	Feeds 35	9381	337	55	1340	19740	1260	103	333
Mostaccioli	Dinner	965	33	5	149	1725	134	10	34
Slab of Ribs	Dinner	2212	129	53	382	8097	140	2	130
Veggie Lasagna	Dinner	248	13	4	18	1046	22	4	12

Pizzas									
All Corners Cheese Pizza, Square	2 Pizzas	3268	164	61	216	4620	304	14	147
All Corners Pepperoni Pizza, Square, Single Pizza	1 Pizza	1766	93	35	133	2745	153	7	80
All Corners Square Pepperoni Pizza	1 Pizza	3515	185	70	263	5437	306	14	159
Cheese Pizza, Bambino	1 Pizza	722	21	12	54	1182	92	4	42
Cheese Pizza, Extra Large, Round, 16 inch	1 Pizza	3152	108	66	288	5908	352	16	195
Cheese Pizza, Extra Large, Square	1 Pizza	4209	190	78	288	6281	427	19	200
Cheese Pizza, Large, Round, 14 inch	1 Pizza	2397	82	49	216	4467	270	12	148
Cheese Pizza, Large, Square	1 Pizza	3013	135	57	216	4620	304	14	147

Pizzas continued									
Cheese Pizza, Large, Thin Crust, 14 inch	1 Pizza	1553	68	40	180	2995	129	8	103



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Cheese Pizza, Medium, Round, 12 inch	1 Pizza	1706	55	33	144	3097	201	9	103
Cheese Pizza, Medium, Square	1 Pizza	2009	81	37	144	3176	220	10	101
Cheese Pizza, Medium, Thin Crust, 12 inch	1 Pizza	1116	48	28	126	2081	95	6	73
Cheese Pizza, Small, Round, 10 inch	1 Pizza	1185	41	25	108	2078	132	6	73
Chicken Parmesan Pizza, Extra Large, Round, 16 inch	1 Pizza	3378	105	61	373	6867	380	22	229
Chicken Parmesan Pizza, Extra Large, Square	1 Pizza	4435	187	73	373	7240	456	25	234
Chicken Parmesan Pizza, Large, Round, 14 inch	1 Pizza	2450	70	39	259	4979	293	17	164
Chicken Parmesan Pizza, Large, Square	1 Pizza	3066	124	47	259	5133	326	19	163
Chicken Parmesan Pizza, Large, Thin Crust, 14 inch	1 Pizza	1862	75	42	277	4032	151	13	143
Chicken Parmesan Pizza, Medium, Round, 12 inch	1 Pizza	1775	48	27	187	3592	217	12	119
Chicken Parmesan Pizza, Medium, Square	1 Pizza	2014	74	31	187	3599	222	12	115
Chicken Parmesan Pizza, Medium, Thin Crust, 12 inch	1 Pizza	1355	54	30	205	2926	111	9	105
Deluxe Pizza, Extra Large, Round, 16 inch	1 Pizza	3448	124	69	336	7359	375	21	209
Deluxe Pizza, Extra Large, Square	1 Pizza	4505	206	81	336	7731	450	24	214
Deluxe Pizza, Large, Round, 14 inch	1 Pizza	2447	81	44	214	5069	287	16	143
Deluxe Pizza, Large, Square	1 Pizza	3063	135	52	214	5222	321	17	142
Deluxe Pizza, Large, Thin Crust, 14 inch	1 Pizza	1858	86	47	232	4121	146	11	123
Deluxe Pizza, Medium, Round, 12 inch	1 Pizza	1769	57	31	150	3648	213	11	101
Deluxe Pizza, Medium, Square	1 Pizza	2665	113	45	373	7667	247	12	166
Deluxe Pizza, Medium, Thin Crust, 12 inch	1 Pizza	1349	62	34	168	2981	107	8	88
Garbage Can Pizza, Extra Large, Round, 16 inch	1 Pizza	4562	218	98	517	10037	380	21	257
Garbage Can Pizza, Extra Large, Square	1 Pizza	5619	300	109	517	10410	455	24	261
Garbage Can Pizza, Large, Round, 14 inch	1 Pizza	3195	143	64	336	6874	291	16	175
Garbage Can Pizza, Large, Square	1 Pizza	3812	197	71	336	7027	325	18	175
Garbage Can Pizza, Large, Thin Crust, 14 inch	1 Pizza	2607	148	66	354	5927	150	12	155
Garbage Can Pizza, Medium, Round, 12 inch	1 Pizza	2326	104	45	240	4987	215	12	125
Garbage Can Pizza, Medium, Square	1 Pizza	2861	144	54	352	6964	229	12	154
Garbage Can Pizza, Medium, Thin Crust, 12 inch	1 Pizza	1906	109	48	258	4321	109	8	112
Pepperoni Pizza, Bambino	1 Pizza	821	30	16	73	1509	92	4	46
Pepperoni Pizza, Extra Large, Round, 16 inch	1 Pizza	3547	142	79	364	7214	355	16	214
Pizzas continued									
Pepperoni Pizza, Extra Large, Square	1 Pizza	4604	224	91	364	7587	430	19	218
Pepperoni Pizza, Large, Round, 14 inch	1 Pizza	2685	106	59	271	5419	272	12	161
Pepperoni Pizza, Large, Square	1 Pizza	3260	156	66	263	5437	306	14	159



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Pepperoni Pizza, Large, Thin Crust, 14 inch	1 Pizza	1718	82	46	212	3539	130	8	111
Pepperoni Pizza, Medium, Round, 12 inch	1 Pizza	1903	72	40	182	3750	203	9	112
Pepperoni Pizza, Medium, Square	1 Pizza	2206	98	44	182	3829	221	10	110
Pepperoni Pizza, Medium, Thin Crust, 12 inch	1 Pizza	1313	65	35	164	2734	97	6	82
Pepperoni Pizza, Small, Round, 10 inch	1 Pizza	2765	174	79	412	7302	144	6	146
Subs									
Grilled Italian Chicken	6 inches	530	26	8	89	1722	40	2	35
Ham and Cheese Party	3 feet	4941	165	83	685	16431	602	27	264
Ham and Cheese	6 inches	411	17	8	85	1770	37	2	28
Italian Party	3 feet	5103	169	66	643	16039	628	33	266
Italian	6 inches	490	24	11	95	1945	40	2	30
Meatball	6 inches	690	58	20	106	1854	40	3	36
Steak	6 inches	433	16	9	90	1653	39	2	32
Turkey Party	3 feet	4881	132	65	775	15981	593	27	336
Turkey	6 inches	371	11	5	85	1490	35	2	34
Veggie	6 inches	438	26	7	25	1259	39	2	10
Salads									
Antipasto Salad	Feeds 10	798	45	21	150	2729	50	16	46
Antipasto Salad	Feeds 20	1366	79	38	260	4705	83	26	79
Antipasto Salad	Feeds 35	2367	141	65	470	8504	133	39	139
Antipasto Salad	Large Salad	487	25	12	81	1290	32	11	33
Antipasto Salad	Med. Salad	322	17	8	54	860	21	7	22
Antipasto Salad	Personal	174	9	4	29	467	12	4	12
Caesar Salad	Large Salad	355	14	4	21	789	44	9	20
Caesar Salad	Med. Salad	237	9	3	14	526	30	6	13
Caesar Salad	Personal	118	5	1	7	263	15	3	7
Greek Salad	Large Salad	379	17	9	37	2702	37	9	16
Greek Salad	Med. Salad	277	13	7	29	1858	25	6	12
Salads Continued									
Greek Salad	Personal	145	7	4	15	1021	14	3	6
Italian Salad	Feeds 10	423	18	10	50	917	45	16	20
Italian Salad	Feeds 20	766	35	21	100	1805	75	26	37
Italian Salad	Feeds 35	1167	53	31	150	2704	117	39	55
Italian Salad	Large Salad	278	10	6	27	310	28	10	19



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Italian Salad	Med. Salad	187	7	4	18	207	19	7	12
Italian Salad	Personal	99	3	2	9	105	11	4	6
Pasta Salad	Large Salad	1195	12	0	0	541	225	9	38
Pasta Salad	Med. Salad	856	9	0	0	404	161	6	27
Pasta Salad	Personal	449	6	0	0	269	82	3	14
Salad Dressings									
Balsamic Vinaigrette	3.25 ounces	358	39	5	0	910	3	0	0
Caesar	3.25 ounces	488	52	8	0	975	7	0	3
Caesar, Fat Free	3.25 ounces	65	0	0	0	1918	10	0	0
Greek	3.25 ounces	455	49	0	0	1003	4	1	1
Salad Dressings Continued									
Honey Dijon	3.25 ounces	423	39	5	33	585	20	0	0
Italian	3.25 ounces	423	46	7	0	1268	3	0	0
Italian, Fat Free	3.25 ounces	43	0	0	0	845	11	0	0
Ranch Dressing	3.25 ounces	206	22	3	1	256	1	0	1
Ranch, Fat Free	3.25 ounces	87	0	0	0	1148	22	2	0
Raspberry Vinaigrette, Fat Free	3.25 ounces	114	0	0	0	260	26	0	0
Russian	3.25 ounces	488	39	7	0	1138	33	0	0
Thousand Island	3.25 ounces	455	42	7	49	845	13	0	0
Cookies									
Chocolate Chunk	1 Cookie	210	10	5	10	220	28	2	2
Oatmeal Raisin	1 Cookie	180	7	2	15	200	29	0	3
Peanut Butter	1 Cookie	210	10	3	10	240	27	0	3



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Condiments									
Banana Peppers	1/4 Cup	5	0	0	0	480	1	0	0
Black Olives	2 Tablespoon	30	3	0	0	140	1	0	0
Jalapeno Peppers	1/4 Cup	5	0	0	0	283	1	0	0
Kalamata Olives	1/4 Cup	15	1	0	0	360	1	0	0
Mayonnaise	1 ounce	180	20	3	0	160	0	0	0
Mushrooms	1 ounce	6	0	0	0	100	1	0	1
Pepperoncini	1/4 Cup	10	0	0	0	550	2	0	0